



HARKER HEIGHTS ALLERGY

ALLERGY | ASTHMA | IMMUNOLOGY

Paula Lansford-Seabaugh, D.O.

EDUCATION

Aug 2003-May 2007 **University of North Texas Health Science Center**
Texas College of Osteopathic Medicine, Fort Worth, TX
Doctor of Osteopathic Medicine, Rural Health Track

Aug 1999-May 2003 **Abilene Christian University**, Abilene, TX
Bachelor of Science, Biochemistry, Magna Cum Laude

RESIDENCY

June 2008-July 2010 **Texas A&M Family Medicine Residency**, Bryan, TX

June 2007-July 2008 **Texas A&M Family Medicine Residency**, Bryan, TX

PROFESSIONAL EXPERIENCE

Sept 2013 – Aug 2025 **Trophy Club Family Medicine, PA**, Trophy Club, TX

Feb 2017-2020 **Teledoc**, Texas

Feb 2016–July 2019 **CareNow**, Hurst, TX

Sept 2010 – Sept 2013 **Lansford Family Medicine, PLLC**, Cleburne, TX

Jan 2010- Dec 2010 **Southwest Medical Associates**, Rockport, TX

Oct 2009-June 2010 **Brazos Valley Urgent Care**, Bryan, TX



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AFFILIATIONS & CERTIFICATIONS

Current	American Academy of Family Physicians
Current	Denton County Medical Society, Denton, TX
Current	Southwestern Health Resources Accountable Care Network, Dallas, TX
Current	Southwestern Health Resources Clinical Integration Committee, Dallas TX
Current	Texas Medical Association
Current	Texas Academy of Family Physicians
July 2022-July 2024	Basic Life Support
2013-Present	Nexplanon

LICENSURE

August 2009-Present **Texas Medical Board, Physician**